



TEES PBS COMMUNITY OF PRACTICE (COP)

What is the Tees PBS community of practice?

Positive Behavioural Support (PBS) is an effective and ethical way of supporting people who are at risk of or who display behaviour that challenges. By developing an understanding of a person's behaviour, individualised support strategies can be developed. The overall goal of PBS is to improve someone's quality of life and to reduce the likelihood of challenging behaviour occurring in the first place.

The Tees PBS community of practice is a group of people who have a passion for improving the lives of people with behaviours that challenge in the area. We have found that PBS is a great way of supporting people and we want to provide an opportunity to share information, offer advice and to support each other to use PBS.

Who are the events for?

We welcome anyone with an interest in PBS at the community of practice meetings, including people with a learning disability and/or autism, family carers and health and social care professionals.

Up coming Events

If you are interested in facilitating, sharing information/resources or have a topic you would like to explore within these sessions, please contact Steve or Ruth (emails below).

Date	Time	Venue	Theme	Presenter/Facilitator
11th February 2021	10:00— 12:00	Microsoft Teams Email below for log in details	Staff carer well-being. Practical support.	Kat Richardson - PiPs Steve Wilson and Ruth Lee - TEWV
8th April 2021	10:00— 12:00	Microsoft Teams Email below for log in details	How to effectively deliver PBS training virtually	TBC
3rd June 2021	10:00— 12:00	Microsoft Teams Email below for log in details	Quality of life measures	TBC
29th July 2021	10:00— 12:00	Microsoft Teams Email below for log in details	Reintroducing activities	TBC