



# Positive Behavioural Support Workshops (PBS)

Skills for People will be running a series of workshops on Positive Behaviour Support (PBS) with Carlisle Mencap.

PBS is recommended as the best way of supporting people with behaviour that challenges. The course has been created by parents and PBS trainers.



These workshops are for parent/carers of children with additional needs in North Cumbria, however, other workshops are planned for families in other areas across the region.

To book a place you can contact :

**Jillian** - 07841 462782  
jillian.allan@skillsforpeople.org.uk

**Office** - 0191 281 8737  
information@skillsforpeople.org.uk

Someone will contact you to confirm your place on the workshop.

**Each session will run 10:00am to 12:30pm with a chance for questions until 1pm.**

All Workshops will be held on Zoom and you will be sent the link prior to the meeting.

## PBS series of workshops:

### Positive Behaviour Support 1

**Friday 8th October 2021**

An introduction to Positive Behavioural Support and helping you to better understand your child's behaviour.

### Positive Behaviour Support 2

**Friday 15th October 2021**

A more practical workshop looking in more detail at strategies for supporting your child's behaviour.

### Positive Behaviour Support 3

**Friday 22nd October 2021**

Will look at Positive Behaviour Support Plans for your child and there will be extra support and guidance available to help with this.

Working in partnership with:



[www.skillsforpeople.org.uk](http://www.skillsforpeople.org.uk)

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