

Durham & Darlington's Community of Practice in Positive Behavioural Support (PBS)

Working together agreement

The aim of our Community of Practice is to create an opportunity for enthusiastic like-minded individuals with a passion for PBS to be able to come together and as Etienne Wenger (2007) suggests, take part in a process of social learning that occurs when people who have a common interest in a subject or area collaborate over an extended period of time, sharing ideas and strategies, determine solutions, and build innovations.

The community of practice will not be 'owned' or 'directed' by specific individuals or organisations and therefore a shared responsibility through mutual participation will be developed by all members

We aim to promote, develop, support and learn from each other, share information/ideas, provide advice and enhance the delivery of PBS in Durham and Darlington. The community of practice aims to bring stakeholders together and introduce good practice to provide opportunities to further your understanding of PBS. Whilst creating a positive, supportive environment, which does not put pressure on those attending or facilitating to have all the answers. This should be a collective effort of the group and each group member's role is to be supportive of others in the group.

Everyone who attends will participate in the discussions, sharing of information and facilitation of the CoP, creating a non-judgmental forum to ensure honest and confidential information sharing can occur. The views shared by individuals in the group are their own views and may not represent the views of any associated organisations.

Meeting details

- The group will meet every 8 weeks on a Wednesday. Dates will be shared via the website [Positive Behavioural Support \(pbsnec.co.uk\)](https://www.pbsnec.co.uk) with booking details on Eventbrite. Eventbrite is utilised for participants to log their space in the group and receive the joining link via email. <https://www.eventbrite.co.uk/o/ruth-lee-32920009197>. You must cancel your ticket via Eventbrite if you are no longer able to attend.
- Currently meetings are held virtually via Microsoft Teams or zoom and sessions are 2 hours long, 13:00-15:00. Unless changes have been agreed prior to the meeting, those facilitating the event can state how long that community of practice will last based on what is happening.
- In the future, depending on changes with covid-19 rules, the group aim to blend the way they meet using both face to face and virtual methods.
- A brief agenda will be put together, in order to structure the meetings. Each member will be able to add topics they would like included. The agenda will remain flexible for topics that people wish to prioritise on the day.
- The meeting will not be recorded. However, the presentation element of the community of practice may be recorded with an aim to share resources. This will be agreed on by all members involved prior to the presentation being recorded. As well as an agreement on how and where this will be shared.



Stakeholders attending the meeting will (e.g. parents, staff, professional etc.):

- Take turns at facilitating, administrating (taking notes – brief bullet points) and providing a venue (where possible if face to face) for the group to make it sustainable over the long-term.
- A note taker will be nominated at the end of each session for the next session.
- Choose themes or discussion topics to inform the agenda for each CoP on a 6 monthly basis with room for flexibility when something of interest arises.
- Be open to sharing information presented to the group including presentations, handouts or resources.
- Be open to sharing good practice, experiences or case studies.
- Within the PBS framework stakeholders will; share experience (both positive and negative), share your or your organisations learning of what has worked or does not work, identify areas for improvement for themselves or organisations, share lessons learnt and take part in problem solving.
- Create a supportive and non-judgmental area to share work and ideas. Supporting members when presenting or facilitating the group.

Positive behavioural support NENC will:

- Facilitate Eventbrite and collaborate with attendees to agree facilitation and support.
- Upload resources shared within meetings to the PBSNENC website and ensure they are easily accessible to all members.
- Offer any additional guidance or links to specialist knowledge in PBS.
- Support any discussion and offer guidance when present.
- Provide any updates that arise in the field that they should be aware of and share this in the meetings and any relevant resources (where applicable).

If you would like to be added to the mailing list for the Durham and Darlington community of practice, please request this via email from tewv.pbs-nenc@nhs.net. Should you wish at any time to not receive these emails please contact the above email and you will be removed from the list.