



Tees Positive Behavioural Support (PBS) Community of Practice 23.09.2021 Summary

Key discussion points

Reflective practice – one of the most important things we need to get right. Reference; Other people's behaviour – The Hastings Paper – see resources.

Debrief – concern it's just a reactive response – is there any way we could be more proactive in our reflection? How can we balance it so people are more mindful in their reactions?

Experiences from different individuals shared e.g.:

- Using supervision to share something positive and something to learn from
- Different ways to provide feedback in the moment
- Role modelling and coaching

Active support - Interactive training and coaching discussed as a support to reflective practice. Challenges engaging the wider system.

Actions

Active Support presentation at next meeting. This will show how the rest of the group can go to their commissioners and talk about active support.

Active Support handbook to be shared on website resources.

Share paper around competencies on website resources.

Circulate the 'circle diagram'. UK PBS alliance (4 elements) on website resources.